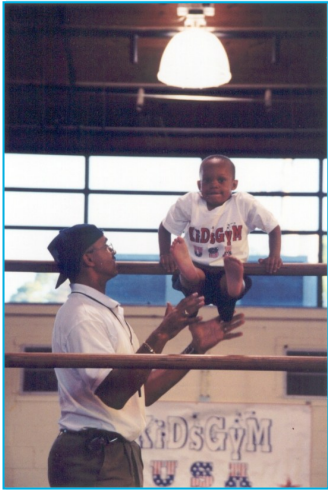


WHERE STRONG, HEALTHY BODIES



*"KiDsGyM USA is important for nation building because it gets our kids in shape...to me it's absolutely essential."*

**-Arnold Schwarzenegger**



*"Your generosity and willingness to serve others merits the highest praise, and I am pleased to recognize KiDsGyM USA as the 506th Daily Point of Light for the Nation."*

**-Former President George Bush**

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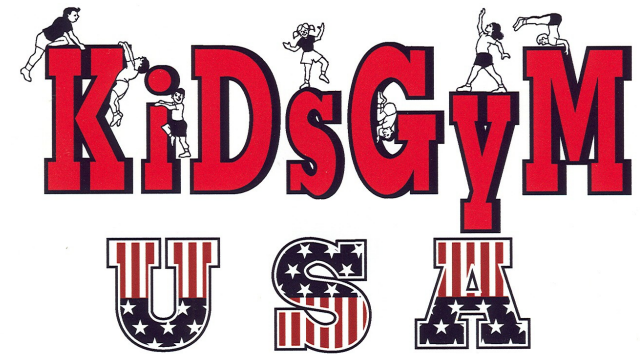


P. O. Box 491414

College Park, GA 30349

Tel: 770.306.0389

[www.kidsgymusa.com](http://www.kidsgymusa.com)



Winter gymnastics  
Jan 2nd– Mar 10th  
(10 week session)

Winter '12  
registration  
Dec .12th-15th  
Mon-Thurs / 4:30PM –  
6:30PM  
pre-registration  
(for current participates only)  
Dec 5th-8th

Conley Recreation Center  
3636 College St.  
College Park, GA 30337  
770.306.0389

# WINTER 2012

January 4th thru March 10th

10 WEEK SESSION

## What is

KiDsGyM USA is a gymnastics, motor development and physical fitness program for boys and girls!

KiDsGyM USA teaches gymnastics in a fun and stimulating environment!

KiDsGyM USA gives kids a feeling of competence that leads to a cycle of success!

### Participation in KiDsGyM USA Program:

- builds confidence and high levels of self-esteem
- builds basic body awareness skills which are building blocks for all sports.
- has a profound and lasting effect on brain growth and development
- provides the most effective way to build physical, social, emotional and intellectual skills of children.
- lays the foundation for academic achievement.

### Programs

**Wiggle Worms:** A parent-tot program for 1 to 2 1/2 year olds focusing on motivation, parent education, and the mastery of simple "tricks" that leads to peer and adult reinforcement for exercise.

**Mighty Mites:** Exposing 3 and 4 year olds to a variety of movement challenges.

**Super Mites:** 5 and 6 year olds who focus on learning fundamental gymnastics skills for Levels 1, 2 & 3.

**Boys:** 6 yrs. and up with an emphasis on building fundamentals of tumbling and trampoline.

## REGISTRATION POLICY

All class participation requires full payment and a registration form. There is a **\$10.00 non-resident fee** for all participants not living within the corporate city limits of College Park. This fee is payable once per person, per activity, per calendar year. You must attend only the day and time that you are registered. Classes will not be prorated for any student. Proof of insurance is required in order to participate in gymnastics. *Insurance can be purchased for \$10.00 per year.*

## NO MAKE UP POLICY

There is a **NO MAKE UP POLICY**. If a class is cancelled due to any unforeseen circumstances i.e. power outage, loss of water or weather the class **will not** be made up. If you know that your child will miss, contact KiDsGyM USA office (770-306-0389) *in advance* & we will make every effort to accommodate you.

## CLASS CANCELLATION

A class may be cancelled if there are less than 5 students registered. *If a class is cancelled due to a holiday there will be a fee adjustment.*

## CLASS ATTIRE

All participants should wear either a leotard or appropriate clothing such as gym shorts, spandex with t-shirts. Please no shorts with zippers or buttons, blue jeans/slacks or belts. Hair should be out of the face. Feet should be bare.

## GYM RULES

Only registered participants are allowed on the equipment! No one is allowed on the equipment without an instructor. No running in the gym! No food or drinks allowed in the gym. It is important to arrive for class early. Every child needs to warm up at the beginning of class which will prevent injuries.

# Winter 2012 Schedule

## Wiggle worms (ages 12 months– 2 1/2)

	Wednesday	4:30-5:15	\$ 105.00
8 classes	Saturday	10:30-10:45	\$ 84.00

## Mighty mites (ages 3– 4 years)

8 classes	Monday	5:30-6:30	\$ 88.00
	Wednesday	5:30-6:30	\$110.00
	Thursday	4:30-5:30	\$110.00
		5:30-6:30	\$110.00
8 classes	Saturday	11:00-12:00	\$ 88.00
“	“	12:15-1:15	\$ 88.00

## Super mites (ages 5-6 Years)

8 classes	Monday	5:30-6:30	\$ 88.00
	Wednesday	5:30-6:30	\$110.00
	Thursday	5:30-6:30	\$110.00
8 classes	Saturday	11:00-12:00	\$ 88.00
		12:15-1:15	\$ 88.00

## boys (ages 6 & up)

8 classes	Monday	6:30-7:30	\$ 88.00
8 classes	Saturday	12:15– 1:15	\$ 88.00

- Please note that there will be no class on Monday-January 2nd and January 16th, and Saturday-January 21st and February 18th.